

PORTLAND SURGICAL ASSOCIATES

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What To Expect: Spider Veins and Sclerotherapy

The procedure is performed in our office under topical or local anesthesia

You may bring your favorite music and music player with you

If there will be a person providing you transportation, that person may wait or return later to pick you up

The length of the procedure will vary from thirty minutes up to one or two hours

Once you arrive at the office:

We will ask a few additional questions

You will stand for a few minutes to allow the leg veins to fill and dilate

The veins to be occluded may be marked using ultrasound guidance

Once you are marked you will lie down on an OR table:

Your leg will be cleaned and prepped with a special type of soap (Hibiclens solution)

Please bring or wear loose shorts or high cut underwear or briefs

The skin and tissues over and around the vein(s) may be injected with local anesthesia

If you are undergoing micro-phlebectomy:

Multiple small incisions/stab wounds are made over the veins previously marked

The veins in question are bluntly dissected from beneath the skin and removed

A suture and/or Steri-Strips will be used to close these tiny incisions

A tight elastic compression stockings and dressings will be applied at the end of your procedure

You will be observed in the office setting for approximately thirty (30) minutes following the procedure to watch for signs of bleeding or other problems.

We will review all general, and any special, post-operative instructions with you and the person accompanying you.